



Greater Framingham Running Club

November 10, 2020 – Susin Carlson hosted the meeting via Zoom.

Attendees

Susin Carlson, Susan Richardson, Tom Miller, Carol Leiter, Cindy Moore, Ted Tyler, Mary Tyler, Edw. S. Ginsberg, Wendy Reider, Marie Leigh, Melissa Arnold, Judy Levine, Glen Meister, Jeff Hattem, Lisa Burgess, Arnie Pollinger, Mark Goldshmidt, Tom Abbott, Andrea Leonard, Tim Conlin, Kevin Greene

MONTHLY MEETING:

President (Susin Carlson):

Susin welcomed everyone to the meeting and hoped everyone is enjoying their runs in this late stretch of warm weather.

Susin quoted: “Don’t let the sun go down without saying thank you to someone, and without admitting to yourself that absolutely no one gets this far alone.”

Susin congratulated the GFRC participants who collectively reached 900 miles in just 6 days in the #BeatTheBayState challenge. Susin encourages the team captains to email their team mileage to her to share.

VP Report (Cindy Moore):

Cindy provided an update on the project with Framingham High, working with Mark Goldschmidt, the diversity department at Framingham Schools is creating a grant to help support a running program for the students. They are looking to start the running in the Spring. If the program goes well they hope to expand it.

Secretary (Tim Conlin):

No report.

Membership Director (Mike Gannon):

Mike reported via email. We welcome Jonathan Rice from Framingham. Jonathan found out about us via Jeff Hattem. He is our only new member since July. Total membership is 276.

Grand Prix (Tom Abbott, Jeff Hattem):

Trail Races

Jeff said we had a virtual trail race on Halloween weekend. It was the same weekend as the snowstorm and costumes were required, so that may be the reason for the lower than expected turnout. Otherwise, Jeff has been happy with the turn out lately for trail races.

One trail race scheduled on Thanksgiving weekend, "Run Your Turkey Off", is a 5 Mile Trail Race, and can be run on any day on Thanksgiving weekend. That's all we have lined up for November. Due to COVID restrictions, races cannot be run in Massachusetts. Other states are running trail races but offer a 2 week window to run the race, so that COVID guidelines can be followed, and the run is on the actual course (i.e. Nipmuck Trail Race in CT). Jeff encourages everyone that if you've run a trail race, post it.

Road Races

Tom said the virtual Turkey Classic is the race for the month. It can be run anytime in November and there is no fee. There is no registration, but you can purchase a t-shirt on-line. For the purpose of GFRC Grand Prix, run the race any day in November, take a photograph and post it.

Judy mentioned there's also a virtual road race, UMASS FT5K, that her son is involved with. All the proceeds go to Bay State Children's Hospital. Judy said she'll find out more details and post it. The race is any day this Friday, Saturday, or Sunday.

Grand Prix Awards (for last season)

Grand Prix gifts for participation awards for Trail Races - Jeff noted GFRC will be giving out vacuum sealed stainless water bottles of various colors with the GFRC logo and Grand Prix Series written on it. Trail Race trophies (plaque on a small wood log) will also be awarded.

Grand Prix Awards for Road Races - Tom to announce where trophies can be picked up.

Newsletter (Tom Miller):

Tom sent out the newsletter on Saturday and thanked all those who contributed.

Web (Michael Peloso):

No report.

Social Media Director (Susin Carlson):

Susin continues to maintain GFRC presence on social media.

Uniforms (Wendy Rieder):

Wendy is working with Jackie to transition into the role of uniform director. Wendy is becoming familiar the purchasing and inventory process.

Activities (Susin Carlson):

The Boston Marathon is currently postponed until September 2021. The GFRC marathon lottery, which normally happens in December, to be a topic for future discussion.

Other Business:

Arnie Pollinger noted in order for high school students to be eligible the GFRC Scholarship they have to live in a town with 5 or more GFRC members. A family only counts as one member. The eligible towns are Framingham, Natick, Wayland, Ashland, and Holliston. The town of Sudbury is out for the first time. Information regarding the scholarship is normally sent out to schools in mid-January.

Tim Conlin - GFRC Secretary