



## *Greater Framingham Running Club*

March 7, 2022 – Susin Carlson hosted the meeting via Zoom.

### *Attendees*

Susin Carlson, Cindy Moore, Jeanne Bizzoco, Glenn Meister, Edw S. Ginsberg, Marie Leigh, Jeff Hattem, Rich Busa, Tom Abbott, Susan Richardson, Tim Conlin

### **MONTHLY MEETING:**

#### **President (Susin Carlson):**

Susin welcomed and thanked everyone for attending. Susin guided us through the agenda.

#### **Vice President (Cindy Moore):**

Cindy said hello and good to see everyone.

#### **Secretary (Tim Conlin):**

We received one application so far for the Rich and Chris Chesmore GFRC College Scholarship. Applications are due in on March 31st.

#### **Membership Director (Mike Gannon):**

Mike could not attend the meeting but sent his report via email.

We welcome :

Hongye Li from Framingham. She is part of the Wang/Li Family.

Total Members = 261

Mike has found a need for the GFRC Facebook page to go back to private. Under the current Facebook page folks “sign-up” unofficially. Mike has reached out to these people and asked that they join officially if they want to join the club. No one has done that yet. This problem will get worse if the Facebook page is not changed back to private. There used to be an Ask to join Facebook tab on the web page. It needs to go back there if it was replaced.

Susin discussed GFRC Facebook page with all in attendance and bringing it back to private. The group consensus was to bring back it back to private.

#### **Treasurer (Marie Leigh)**

Marie expressed condolences on behalf of the club to Tom Abbott for the passing of his wife, Marge. In honor of Marge, the club sent a donation to the Michael J Fox Foundation.

Regarding the GFRC Summer Track, Marie received a notification from the Framingham Park and Rec that the catalog for the Spring and Summer programs are now on the Framingham website. The GFRC Summer track is listed under Family Programs as "Wednesday Night Family Track Meets". Excitement is growing for this event.

Marie mentioned that she has not had a chance to connect with the others who helped lead the Busa Bushwhack event last year. Jeff has suggested a date for the race. Marie said she would love to be part of that again.

## **Grand Prix (Tom Abbott, Jeff Hattem):**

### *Trail Races (Jeff Hattem)*

On Sunday, March 13th, the Fitrock trail race, will be counted as February's race. You can run 5k, 5mile or multi-laps. You can also run a combo, a 5 k and a 5 mile. We will take your best result and use that for age grading. If you run the 5 mile loop, we will take your best time. It's at the monastery in Cumberland RI. It's a great place and Rob puts on a great race. It's a rolling start so when you register it will tell you what your time frame is that you can start.

March's race is on the 26th. To Hale and Back. It's a TARC race. It's a 5K or 6 hours. If you run 6 hours we'll take your best 5K time and use that for age grading.

On Saturday April 9th we have the Merrimack River Trail Race. It's a 10 miler.

On April 23rd we have the TARC Spring Classic in Weston. You can run either a 10K, Half-Marathon, or 50K. This could be sold out. This may be counted as the May race if another race cannot be found for May. Only one event can be counted for age grading per month.

The Grand Prix schedule is out. It shows the Busa Bushwhack as October 30th, with a question mark. Jeff needs to know if the club is going to commit to that date. If that date sounds good to everyone then we can lock that in. October 30th is on a Sunday. We have to have the race on a Sunday because we mark the trails on Saturday.

Mt. Wachusett may be added for a May race.

### *Road Races (Tom Abbott)*

This Saturday in Medway is the Shamrock Shuffle on March 12th at 9 a.m. Tom will be checking March for another race.

The 41st Frank Nealon Boston Tune-up 15K is on Saturday April 2nd in Upton.

On Sunday April 24th is the GBH 5K Run for Public Media at Artesani Park.

For May, there's the Great Bear Run on Saturday May 22nd, a 5K in Needham.

Susin will send an email to Tom of other possible races for May.

**Newsletter (vacant):**

No report.

**Web (Rachel Sortino):**

No report.

**Social Media Director (Susin Carlson):**

Susin continues to maintain a GFRC presence on social media.

**Uniforms (vacant):**

Susin noted the Uniform position is still open if anyone is interested.

**Activities (vacant):**

Susin said the Activities Director position is open if anyone is interested.

**Other:**

Susin asked how we all felt about going back to in person meetings. Marie thought wait and see when the weather gets warmer, and possible have meetings outside. Susin thought possibly meeting also at a place or venue rather than someone's house. Susan suggested a meeting could be planned outside so if the weather is bad a zoom meeting could be the back up.

Jeane Bizzoco said Worcester has a bunch of good races and she is running one soon, Worcester Guinness Celtic 5k. She thought it might be worth looking into for more GFRC race options.

*Tim Conlin - Secretary*